## Big Sur Charter School's Annual Mental Health Notice

Big Sur Charter School is committed to ensuring that all students are healthy, safe, engaged, challenged and supported. We know that when unidentified and unaddressed, mental health challenges can lead to poor academic performance, increased likelihood of suspension and expulsion, chronic absenteeism, student attrition, homelessness, incarceration, school violence, and even suicide.

To make certain each child's mental health needs are addressed please contact the office at 831-324-4573 to discuss what options are available to you and your family.

## Monterey County Resources:

- Prevention and Early Intervention (PEI) Resources and Supports (Spanish)
- Community Human Services Mental Health
- First 5 Monterey
- Interim, Inc.
- National Alliance on Mental Illness
- Monterey County Behavioral Health
- Harmony at Home
- The Village Project
- Center for Community Advocacy
- Central Coast Citizenship Project
- United Way Monterey County
- Bereavement Support
- Programs for Moms